The Baltimore Washington Society for Psychoanalysis, Inc. and the Association for Psychoanalytic Thought (APT)

All clinicians are welcome to join us as Harriet Basseches, PhD; Paula Ellman, PhD; and Nancy Goodman, PhD present and discuss “Sadomasochism in the Transference and Countertransference: Clinical Perspectives on the Work of the Negative Therapeutic Reaction”

Three-session course
Sundays, March 2, 16 and 30, 2014
9:00 - 9:30 a.m. Breakfast and Registration
9:30 a.m. – 12:30 p.m. Presentation

REGISTRATION REQUIRED – SEE ATTACHED
Once registered, you will be informed of the reading for the first meeting.

Baltimore Washington Center for Psychoanalysis
14900 Sweitzer Lane, Suite 102, Laurel, MD 20707

Nine Continuing Education Credits are available for Psychiatrists, Social Workers and Psychologists

For more information and RSVP contact Bonnie Gallagher, LICSW (202-244-1821)

Please visit our website www.bwanalysis.org or call 301-470-3635 or 410-792-806
Please see reverse side for additional information
Presenters
Harriet I. Basseches, PhD, ABPP, is a diplomate in psychoanalysis certified by the American Board of Psychoanalysis in Psychology. She has written and presented in the areas of femininity and female psychology, listening enactment, terror, and sadomasochism. Dr. Basseches has a private practice in psychotherapy and psychoanalysis.

Paula L. Ellman, PhD, ABPP, FIPF, is the Institute Director of the Washington Program of the Contemporary Freudian Society. She is a diplomate in psychoanalysis certified by the American Board of Psychoanalysis in Psychology and assistant clinical professor of psychology at The George Washington University Center for Professional Psychology. Dr. Ellman has a private practice in psychotherapy and psychoanalysis.

Nancy R. Goodman, PhD, FIPA, is the leader of a Confederation of Independent Psychoanalytic Societies study group on enactments. Dr. Goodman maintains a psychoanalytic practice.

Drs. Basseches, Ellman, and Goodman are training and supervising analysts in the Contemporary Freudian Society (CFS), and the International Psychoanalytical Association (IAP). Together they wrote a book entitled “Battling the Life and Death Forces of Sadomasochism: Clinical Perspectives.”

As psychoanalysts we often find ourselves in the grip of a place of torture with our patients. Either we squirm because we are at the mercy of a patient’s sadistic attack on our analytic function, or we are bearing witness to the horror of a patient’s masochism, carrying the sadist within ourselves or suffering masochistically along with the patient. A life and death struggle is at the core of sadomasochism. The elements of the erotic sadomasochism, such as humiliation, domination, submission, merger, intense arousal, and ultimately orgasm, appear as intrapsychic conflict and in object relations representations. There is layering in the psychic organization such that the affects present in this sexual realm also relate, equivalently, to wishes, fantasies, and compromise formations. Since Freud first introduced us to the component instincts and psychosexual development, psychoanalysts have been studying and thinking about sadomasochism in its various forms, intensities and pervasiveness.

Our inquiry into sadomasochism, particularly when the transference/countertransference is the stage for the emergence of core issues of hate, need, contempt, hurting love, has developed from a four-year-long study group into an edited book entitled Sadomasochism: Battling the Life and Death Forces of Sadomasochism: Clinical Perspectives, published by Karnac Press. We are proposing a discussion group focused on clinical presentations of sadomasochism in which perspectives emerging from an understanding of the development and forces of sadomasochism can open possibilities for intervention to avoid or reverse a negative therapeutic reaction. This proposed discussion group will consist of three Co-Chairs, who plan to provide and facilitate discussion, Dr. Harriet Basseches and Dr. Paula Ellman and Dr. Nancy

Like us on Facebook
Goodman. In the cases to be discussed, the repetition compulsion of the sadomasochism has arisen from the intersecting forces of conflict, trauma and adaptation. Such sadomasochistic repetitions often lead the patient or analyst to withdraw, claiming therapeutic partnership impossible. The recognition of “psychic sadomasochism “opens the transference/countertransference arena where meaning can be discovered and movement out of the sadomasochistic hold is possible. The analyst’s access to and use of her sadistic and masochistic countertransference deepens the exploration of identifications with and submissions to the aggressor. Discussion of the development and unfolding of sadomasochism and in particular how to work in the transference/countertransference will be the focus. Discussion group participants will engage around the following question: Which theories of the mind are organizing what we hear and how we think of intervening? The discussion group will deepen the participants’ understanding about sadomasochism from a clinical theoretical perspective, expand current thinking on this challenging psychoanalytic topic, and allow for a more thorough perspective on the intersecting forces of developmental phase fantasies, conflicts, and traumas that will open therapeutic possibilities.

Presentation
Discussion of the development and unfolding of sadomasochism and in particular how to work in the transference/countertransference will be the focus. Discussion group participants will engage around the following question: Which theories of the mind and are organizing what we hear and how we think of intervening? The discussion group will deepen the participant’s understanding about sadomasochism from a clinical theoretical perspective, expand current thinking on this challenging psychoanalytic topic, and allow for a more thorough perspective on the intersecting forces of developmental phase fantasies, conflicts, and traumas that will open therapeutic possibilities.

Who should attend?
Psychiatrists, clinical social workers, psychologists, licensed professional counselors, pastoral counselors, clergy and persons with an interest in psychodynamic and psychoanalytic thinking and application.

Purpose of the APT program:
• To study the theory and practice of psychotherapy from a psychoanalytic perspective.
• To enhance the interest in advancements in modern clinical theory and technique.
• To better integrate clinical experience through dialogue with colleagues.
• To apply the insights of psychoanalytic thinking to the field of arts and humanities.
• To develop a clinical community.

Objectives – Participants will be able to:
• Describe in depth the clinical issues in a sadomasochistic transference/countertransference.
• Differentiate the forces and developmental dynamics in the sadomasochism of a negative therapeutic reaction.
• Utilize a theoretical model to inform technical intervention in a sadomasochistic transference/countertransference stalemate.
• Identify factors that help develop symbolization.
• Identify the nuanced expressions of sadomasochism in the therapeutic exchange that might easily be missed.

**Format of the APT program:**
• A prepared psychotherapeutic or psychoanalytic case will be presented and discussed.
• A prepared paper exploring psychoanalytic ideas represented in arts and culture will be presented.
• A discussion will follow the presentation.
• Occasionally presenters suggest appropriate readings prior to the program. Courses of two or three sessions generally require prior readings. APT will mail requisite material.

**Registration**
• Advanced registration is required for courses.
• This course is now open to all clinicians.
• APT Members $175 / Non-APT Members $225.
• Registration form attached.

**CME/CE Information:**
**Physicians** - This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the Baltimore Washington Society for Psychoanalysis Inc. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 9.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

**Social Workers** - The Baltimore Washington Society for Psychoanalysis, Inc., is recognized by the Maryland Board of Social Work Examiners as a sponsor of continuing education activities.

**Psychologists** – The Baltimore Washington Society for Psychoanalysis, Inc., is approved by the American Psychological Association to sponsor continuing education for psychologists. The Baltimore Washington Society for Psychoanalysis, Inc., maintains responsibility for this program and its content.

**Contact Person: Bonnie Gallagher, LICSW (202) 244-1821**